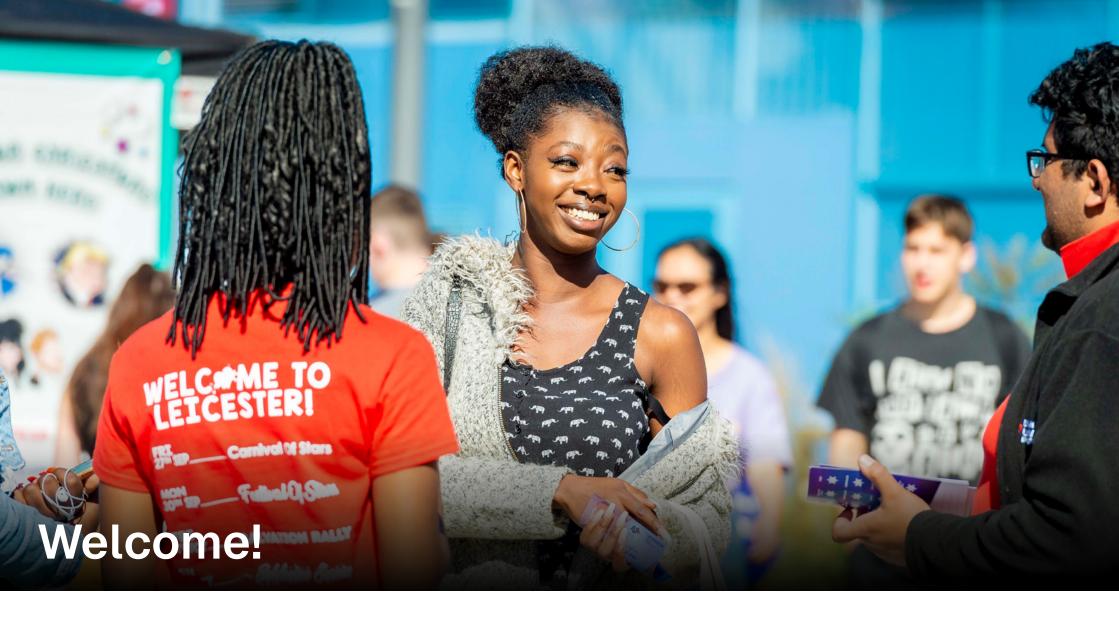


### TOGETHER MADE FROM MORE

# International Welcome Week

17-20 September 2024



We hope you enjoy International Welcome Week at De Montfort University (DMU), and find it both fun and informative.

Our week of activities is planned to fit around your in-person registration appointments for international students. The schedule will help you plan activities for your first week at DMU and by going to as many as you can, we hope that they will help you settle into life in the UK, make new friends, and get to know our campus and the city of Leicester.

Please arrive on time for the start of information sessions, so that you don't miss anything important. We recommend that you attend the health centre session to find out how to register with a doctor. There will also be sessions where you can find out about working in the UK, how to manage your money, and about academic expectations and requirements in a UK university.

The ten-pin bowling and day trip to Oxford are available to book separately through our online store.

You can find answers to frequently asked questions at the end of this brochure and there's lots more detailed information in the <u>International Student Guide</u> and at <u>DMU Welcome</u>. If you need help with anything else, please contact our International Student Support team at **iss@dmu.ac.uk**.

# **Tuesday 17 September**

#### Campus walking tour

#### 9.30am Campus Centre

DMU student ambassadors will show you around the university campus. Meet on the Campus Centre steps outside for a 9.30am tour start.

### Welcome and registration information session

#### 11am Hugh Aston Building Room 3.05 (third floor)

#### We'll be welcoming you to DMU and

explaining what to expect during International Welcome Week. We'll also share important information about living and studying at DMU, including key support services and how to stay safe on campus. The Immigration Compliance and Finance teams will be there with information about completing your registration and paying your fees. It's also an opportunity for you to ask any questions you might have.

### English for academic success 2pm

### Hugh Aston Building

Room 3.05 (third floor)

DMU offers free English language support throughout your studies. Staff from the <u>Centre for English Language Learning</u> (<u>CELL</u>) will explain how you can access this support to help you reach your full academic potential.

## How to open a bank account and manage your money

#### 2.30pm Hugh Aston Building Room 3.05 (third floor)

Find out how to open a bank account in the UK and what documents you'll need. Staff from the <u>Student Finance and</u> <u>Welfare</u> team will share advice on how to make your money go further with a limited budget.

#### Travelling in the UK 3.30pm Hugh Aston Building Room 3.05 (third floor)

Leicester is perfectly located for travelling around the country and exploring new places. At this session you will get tips and guidance on UK travel, and how to make the most of the rail and bus networks. We'll also introduce our <u>Explore UK</u> weekend trips programme for students, which will begin in October.

This session will finish at around 4.30pm.

# Wednesday 18 September

#### **Campus walking tour**

#### 9am

#### **Campus Centre**

DMU student ambassadors will show you around the university campus. Meet on the Campus Centre steps outside for a 9am tour start.

### Learning and studying at a British university

#### 10am

#### Hugh Aston Building

#### Room 3.05 (third floor)

Explore what it means to learn at a British university and hear other students' experiences of studying in the UK. The workshop will be led by staff from the <u>Centre for Learning and Study Support</u> (<u>CLaSS</u>) and will include these topics:

- What is expected of you as a student self-directed learning, participation in seminars, critical thinking, avoiding plagiarism
- What type of assignments you will write - essays, reports, blogs and presentations

• How you can make the most of your library

You should also leave the session with an understanding of how to develop your own effective approaches to learning.

The Immigration Compliance and Finance teams will be there with information about completing your registration and paying your fees. It's also an opportunity for you to ask any questions you might have.

#### Healthcare

#### 11am Hugh Aston Building Room 3.05 (third floor)

At this session, you will learn how the UK healthcare system works and how to register with the National Health Service (NHS). It's also a chance for you to ask any questions you might have about accessing health services while you're a DMU student.

### Careers and employability 2pm

#### Hugh Aston Building Room 3.05 (third floor)

Join DMU's <u>Careers Team</u> to find out about job searching in the UK, parttime work, internships and placement opportunities. This session will introduce you to our services and show you how DMU can support you to build a successful career.

#### Your wellbeing

#### 3pm Hugh Aston Building

#### Room 3.05 (third floor)

Staff from our <u>Student Welfare</u> team will introduce the support which is available during your time at DMU, including wellbeing, counselling and disability services. They'll also share information about some of the activities which our <u>Healthy DMU</u> team offers, including masterclasses that can help to boost your health and wellbeing.

This session will finish at around 4pm.

#### **Evening activity**

#### Ten-pin bowling

#### From 6pm

Bowling is great way to meet and interact with other new students – it doesn't matter if you're a champion at it or if you've never bowled before! Book a place through the <u>online store</u>.

Booking is needed because there are limited spaces for this activity, due to the size of the venue.

## Thursday 19 September

#### **Culture workshop**

#### 9.30am

#### Heritage House, Room 1.05 (first floor)

What is 'culture shock' and how can you help yourself adapt to life in the UK? Is it possible to define British culture? Staff from the International Student Support team will be exploring these questions with you in this interactive workshop.

Student ambassadors will be near Heritage House to show you the way into this session.

### Sustainability and global footprints

#### Heritage House

#### Room 2.06 (second floor)

A short talk about how you can become an eco-friendly student and get involved with some of the sustainability projects at DMU. You will get a chance to work out your own carbon footprint, and find out about the carbon literacy training we offer, which is accredited and will look great on your CV!

The session will end with a sustainability tour of the campus – including our underground cycle storage, solar panels and student allotment.

#### Chaplaincy drop-in 12-1pm

The Breathing Space, Portland Building

#### Room 00.09

DMU's Chaplaincy provides <u>religious</u> <u>support and pastoral care</u> for students of all faiths and none. Drop in to meet some of the team and take a tour of the facilities, including the Chapel and Muslim Prayer Room. Student ambassadors will be outside the Portland Building to show you the way to The Breathing Space.

#### City tour

#### 2pm Campus Centre

The Students' Union (DSU) officer team will show you around Leicester city centre. All of the officers are international students too, so will be able to point out some of the places that they think you will find most useful.

Meet on the Campus Centre steps outside for a 2pm tour start. We expect this activity to finish on campus by 5pm.

#### **DMUsport evening**

7-10pm

#### **Queen Elizabeth II Diamond Jubilee Leisure Centre**

Looking for a fun way to meet new people and try something new? Learn about what sport and physical activities you can get involved with while studying at DMU.

Come along to explore the facilities at our Queen Elizabeth II Diamond Jubilee Leisure Centre and try a range of free sessions delivered by DMUsport club members and coaches.

Indoor Cricket	19:00 (7.00pm) - 20:00 (8.00pm)	Queen Elizabeth Leisure Centre   Area 1
Dodgeball and Table Tennis	19:00 (7.00pm) - 20:00 (8.00pm)	Queen Elizabeth Leisure Centre   Area 2
Basketball and Badminton	20:00 (8.00pm) - 21:00 (9.00pm)	Queen Elizabeth Leisure Centre   Area 1
Volleyball	20:00 (8.00pm) - 21:00 (9.00pm)	Queen Elizabeth Leisure Centre   Area 2
Taekwondo	21:00 (9.00pm) - 22:00 (10.00pm)	Queen Elizabeth Leisure Centre   Area 1
Indoor Football / Futsal	21:00 (9.00pm) - 22:00 (10.00pm)	Queen Elizabeth Leisure Centre   Area 2
Climbing	19:30 (7.30pm) - 20:30 (8.30pm)	Queen Elizabeth Leisure Centre   Climbing Wall
Dance Fusion	19:30 (7.30pm) - 20:30 (8.30pm)	Queen Elizabeth Leisure Centre   Studio
Jiu-Jitsu and Self-Defence	20:30 (8.30pm) - 22:00 (10.00pm)	Queen Elizabeth Leisure Centre   Studio

Wear comfortable clothing (trainers/sneakers are recommended) if you want to take part in the activities, or simply watch the fun. All abilities are welcome and it's free to take part.

## Friday 20 September

#### Day trip to Oxford

#### 8am-7pm

Booking required as places on the trip are limited to the number of seats on the bus.

Join us on an optional all-day trip to one of the most well-known cities in the UK and home to the oldest university in the English-speaking world! You can find more information (including timings) and book your place through DMU's <u>online store</u>.

We will return to campus at around 7pm.

We will also be inviting you to an evening event on Thursday 3 October. As well as a warm welcome from the university, there will be food, refreshments, games and a pub quiz! It should be a great chance to meet up with other students. Look out for more information and a booking link by email during International Welcome Week. There's lots more detailed information in the <u>International Student Guide</u> and at <u>DMU Welcome</u>. If you need help with anything else, please contact our International Student Support team at **iss@dmu.ac.uk**.

## Frequently asked questions

### Are there any events that I need to pay for?

Most activities during the week are free. However, you'll need to book a place if you want to join the Oxford trip on Friday – if you've already registered for the week, we'll send you a separate booking by email.

### Where can I access the internet during International Welcome Week?

Wifi is available on campus throughout International Welcome Week. If you have already booked your place, you should have received an email about this before your arrival. If not, please ask for details at the Student Gateway. Internet access is also available in halls of residence and you can speak directly to hall staff if you have any questions about this.

### Safety and security: what if I have to walk home after an evening activity?

Our campus is generally very safe and you should feel comfortable in your new surroundings. We'll provide a campus safety briefing at the welcome session on Tuesday and information is also <u>available</u> <u>online</u>. If you are worried about getting home after an evening activity, please talk to a member of staff and we will be happy to advise you.

#### What happens if I miss any of the information sessions during International Welcome Week, or if I don't arrive on campus in time?

We'll be recording the main information sessions during the week, and these will be available for registered students to watch later – look for the International Welcome Week folder on DMU Replay. Together with your faculty we will also be running orientation sessions in the first few weeks of term for new international students. These will cover key topics such as healthcare registration, visa compliance and campus safety. If you haven't been able to attend International Welcome Weekend, we strongly recommend that you come to these sessions. We will send you further details by email once you've completed your registration.

#### What happens after International Welcome Week? When can I meet staff from my faculty?

International Welcome Week finishes on Friday 20 September, although the activities don't stop then. There'll be lots more activities during Welcome Weekend (on Saturday and Sunday). Faculties will start their induction activities from Monday 23 September.

Further guidance for new students is available at <u>DMU Welcome</u>, including information about <u>how to register</u> and <u>additional information</u> for international students.

## **Campus Map**

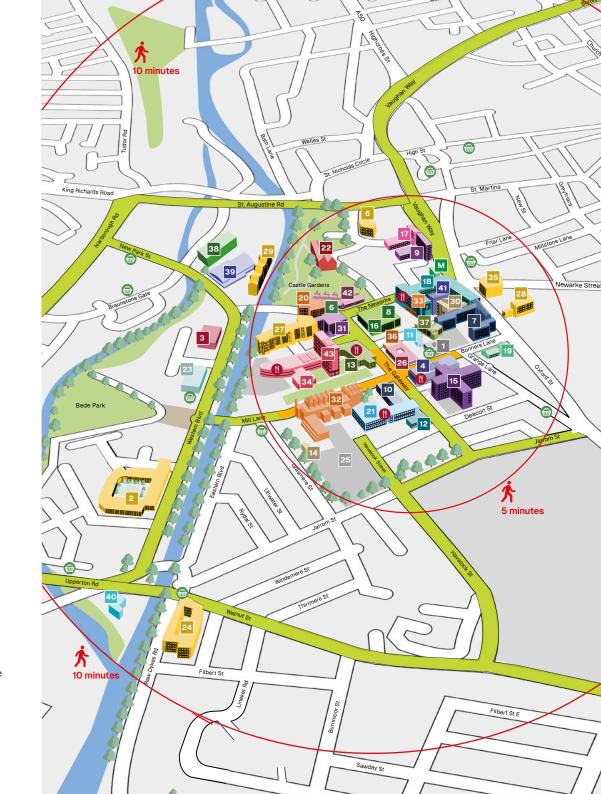
- Art Factory (DMU International College)
- 🚺 Bede Hall (hall of residence)
- Bede House
- 🚺 Campus Centre Building
- 5 Castle Court (private hall of residence)
- Chantry Building
- Clephan Building and Courtyard Studios (Arts, Design and Humanities; Computing, Engineering and Media)
- **DMU Museum** (based within Hawthorn Building)
- Edith Murphy House (Health and Life Sciences)
- Eric Wood Building and Learning Zone
- 🔟 Estates Development Building
- Estates Services Building, including Security Office
- 13 Food Village
- 🔟 Forensic Science Facility
- Gateway House (Computing, Engineering and Media, Student Gateway)
- Hawthorn Building (Health and Life Sciences)
- Heritage House (Health and Life Sciences)
- 18 Hugh Aston Building (Business and Law)
- Innovation Centre
- 🔟 John Whitehead Building
- 🔟 Kimberlin Library
- 1 Leicester Castle Business School
- Leicester Media School Bede Island (Computing, Engineering and Media)
- Liberty Park (private hall of residence)
- Main campus car park Staff & Visitors
- Mill Studios (Computing, Engineering and Media and Health & Life Sciences))
- Newarke Point (private hall of residence)
- Newarke Street (private hall of residence)

- Mew Wharf Hall (hall of residence)
- PACE Building (Performance Arts Centre for Excellence, Arts, Design and Humanities)
- **Portland Building** (Art, Design & Humanities)
- Queen's Building (Computing, Engineering and Media)
- 3 Stephen Lawrence Research Centre
- 🚺 The Gallery
- 55 The Glassworks (private hall of residence)
- 36 The Greenhouse
- The Philip Tasker Building (DMU International College)
- The Queen Elizabeth II Diamond Jubilee Leisure Centre
- 39 The Venue@DMU
- 🔟 The Watershed
- The Yard (Business & Law)
- 12 Trinity House
- Vijay Patel Building (Arts, Design and Humanities, The Confucius Institute, The Centre for English Language Learning and The Gallery) and Riverside Cafe
- 🚺 The Magazine Gateway
- Pedestrianised area
- Catering Outlets
- 💧 Safe routes

The routes highlighted in green on the map are routes the security team suggests are safer when it starts to get dark. While no route can be guaranteed as 100 per cent safe, these routes have been suggested as safer than others because there is more lighting, more traffic and most of them are covered by CCTV.

Please keep yourself safe – be aware of your surroundings, let someone know where you're going and keep your phone charged.

We have a proactive 24/7 security team ready to respond to your concerns with a police officer dedicated to the campus. You can call DMU Security on **0116 257 7642** if you have any concerns while on campus.



#### **Comprehensive information and support** for international students is available in the Student Gateway.

**Student Gateway Ground Floor Gateway House** 

#### International Student Support

E: iss@dmu.ac.uk



O @dmuiss